AMENDMENTS TO THE CLAIMS:

Replace the claims with the following rewritten listing:

- 1.-26. (Cancelled)
- 27. (New) Apparatus for monitoring muscle activity, said apparatus comprising means for providing signals indicative of muscle activity, means for processing of said signals in order to detect a particular undesired

means for providing a biofeedback signal,

wherein

activity,

said apparatus is designed in order to be operated in a set-up mode and a use-mode,

said apparatus is designed to be individually adaptable in said set-up mode, wherein a normally occurring muscle activity and an essentially maximal muscle activity is registered, and wherein

said means for processing of said signals in order to detect a particular undesired activity is adapted to perform an evaluation based on frequency and amplitude of the signals registered in said use-mode compared with corresponding values registered in said set-up mode.

- 28. (New) Apparatus according to claim 27, wherein said means for processing of said signals in order to detect a particular activity comprises means for performing a FFT (Fast Fourier Transform) analysis.
- 29. (New) Apparatus according to claim 27, wherein said apparatus is adapted to register a reference amplitude value corresponding to a percentage of said essentially maximal muscle activity registered in said set-up mode, said reference amplitude value being used for said evaluation.

- 30. (New) Apparatus according to claim 27, wherein said means for processing of said signals in order to detect a particular undesired activity is further adapted to perform an evaluation based on an area calculation of the signals registered in said use-mode, based on a signal continuously exceeding a predefined value such as said reference amplitude value.
- 31. (New) Apparatus according to claim 27, wherein said essentially maximal muscle activity is a maximal jaw clenching activity.
- 32. (New) Apparatus according to claim 27, wherein said apparatus is designed for sensing and registering muscle activity during one or more predefined normally occurring muscle activities.
- 33. (New) Apparatus according to claim 27, wherein said apparatus comprises means for registering and storing muscle activity during a time interval.
- 34. (New) Apparatus according to claim 27, wherein said apparatus is designed to be individually adaptable by having means for adjusting said feedback signal.
- 35. (New) Apparatus according to claim 27, wherein said means for processing of said signals in order to detect a particular activity comprises means for pattern recognition.
- 36. (New) Apparatus according to claim 27, wherein said means for providing signals indicative of muscle activity comprises one or more electrodes for sensing of EMG-signals.
- 37. (New) Apparatus according to claim 27, wherein said means for providing signals indicative of muscle activity comprises one or more electrodes for sensing of EEG-signals.

- 38. (New) Apparatus according to claim 36, further comprising means for testing said electrodes and a connectivity thereof to the user by supplying a test voltage to the electrode(s) measuring resulting current and comparing the resulting current with reference value(s).
- 39. (New) Apparatus according to claim 27, wherein said means for providing signals indicative of muscle activity comprises a microphone, a sensor for sensing of vibrations and/or other sensor means.
- 40. (New) Apparatus according to claim 27, wherein said apparatus comprises means for storing data corresponding to measured and/or processed signals.
- 41. (New) Apparatus according to claim 40, wherein the apparatus comprises means for transferring stored data to a computer.
- 42. (New) Apparatus according to claim 27, wherein in said set-up mode individual reference signals, signals corresponding to specific individual muscle activities and individual bio-feedback signal characteristics may be set-up, and in said user mode the apparatus may monitor muscle activity and provide bio-feedback in accordance with predefined rules and settings.
- 43. (New) Apparatus according to claim 27, wherein the apparatus comprises a user module for wearing on the head, on the forehead, on or in the ear.
- 44. (New) Apparatus according to claim 27, wherein the apparatus comprises a slave module and a master module, said slave module being designed for wearing by a human being.
- 45. (New) Apparatus according to claim 44, wherein said apparatus comprises charging means, for said user module or for said slave module.

- 46. (New) Apparatus according to claim 43, wherein said apparatus comprises means for indicating operating steps to a user comprising visual means, or acoustic means.
- 47. (New) Apparatus according to claim 43, wherein said apparatus comprises display means for displaying instructions and/or results stemming from a monitoring session.
- 48. (New) Method of monitoring muscle activity, said method comprising:

 providing signals indicative of muscle activity, registering reference signals

 corresponding to a normally occurring muscle activity and an essentially maximal muscle activity in a set-up step,

processing signals indicative of muscle activity in a use step in order to detect a particular undesired activity, said processing of said signals taking into consideration specific individual parameters and/or references including frequency and amplitude of the reference signals registered in said set-up step, and

providing a feedback signal in case a particular undesired activity has been detected.

- 49. (New) Method according to claim 48, wherein said feedback is provided on a basis of an evaluation comprising a maximum force calculation, an area calculation and/or a pattern recognition process on a basis of a FFT-processing (Fast Fourier Transform).
- 50. (New) Method of setting up an apparatus according to claim 27, comprising: an essentially maximal muscle activity is performed and a corresponding muscle activity signal is sensed and registered as regards frequency and amplitude,

one or more predefined muscle activities is/are performed, and a corresponding muscle activity signal is sensed and registered as regards frequency and amplitude, and a threshold value for outputting of a feedback-signal is adjusted.

51. (New) Method of setting up an apparatus according to claim 27, comprising:

using the apparatus in a set-up mode, whereby values and/or parameters corresponding to individual muscle activities are registered and possibly stored for one or more periods of time, and

whereby said registered and/or stored values and/or parameters are utilized for providing individual reference values for normal use of the apparatus.